

## Daily Prayers

**“The New Testament indicates that the apostles continued the Jewish practice of prayer at the principal hours of the day:”** – Manual on the Liturgy; Lutheran Book of Worship

**12:00am; 3:00am; 6:00am; 9:00am; 12:00pm; 3:00pm; 6:00pm; 9:00pm**

**Christians continue to return to God in prayer regularly at these times of day. It can be as simple as silent prayer or reading a passage from the Bible. Other suggestions are listed below.**

*Adapted from Luther’s Small Catechism with addition of Times of Prayer Throughout the Day*

### **Morning Prayer**

In the name of the Father and of the Son and of the Holy Spirit. Amen.

*Reading of a Psalm and other Scripture Lesson(s) from Daily Lectionary. Silence for meditation follows each reading.*

The Apostles’ Creed *(at conclusion of document)*

The Lord’s Prayer *(at conclusion of document)*

Luther’s Morning Prayer:

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that you have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

*Then go joyfully to your work, singing a hymn... or whatever your devotion may suggest.*

### **Times of Prayer Throughout the Day**

*Reading of Brief Lesson for the Week and/or Scripture Lesson(s) from Daily Lectionary, followed by silence for meditation.*

### **Evening Prayer**

In the name of the Father and of the Son and of the Holy Spirit. Amen.

*Reading of a Psalm and other Scripture Lesson(s) from Daily Lectionary. Silence for meditation follows each reading.*

The Apostles' Creed

The Lord's Prayer

Luther's Evening Prayer:

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have graciously kept me this day; and I pray that You would forgive me all my sins where I have done wrong, and graciously keep me this night. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

*Then go to sleep at once and in good cheer.*

### **The Apostles' Creed**

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into hell.

On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body.

and the life everlasting. Amen.

## **The Lord's Prayer**

Our Father, who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, forever and ever. Amen.